

3200 Saint Johns Road ▪ Des Moines, Iowa 50312
515.210.9430 ▪ tim@ihrigmd.com

Education:

1989 - 1991

Creighton University, College of Arts and Sciences
Bachelor of Arts: Psychology
Omaha, Nebraska

1998 - 2000

University of Nebraska at Omaha, Department of Biology, College of Arts and Sciences
Graduate studies in biology
Master of Arts, Molecular Biology
Omaha, Nebraska

2000 - 2006

University of Nebraska Medical Center, College of Medicine
Doctor of Medicine
Omaha, Nebraska

Postdoctoral Training:

2006 - 2009

University of Iowa at Des Moines, Methodist Medical Center
Internal Medicine Residency Program
Resident Physician
Des Moines, Iowa

2009 - 2010

Stanford Palliative Medicine Fellowship
Stanford University Medical Center
Clinical Fellow
Palo Alto, California

Administrative Appointment:

2010 – 2012

Medical Director
Palliative Care
Iowa Health Des Moines Medical Center
Des Moines, Iowa

2010 – 2012

Medical Director
Taylor House Hospice
Iowa Health Homecare
Des Moines, Iowa

2010 -2012

Medical Director
Older Adult Services
Iowa Health Des Moines Medical Center
Des Moines, Iowa

Administrative Appointment Continued:

2012 – July 2016

Medical Director
Palliative Care
Trinity Regional Medical Center
Fort Dodge, Iowa

Hospital Appointment:

2010 - 2012
Staff Physician
Palliative Medicine
Iowa Health Des Moines Medical Center
Des Moines, Iowa

2012 - July 2016
Staff Physician
Palliative Medicine
Trinity Regional Medical Center
Fort Dodge, Iowa

2013- July 2016
Member, Board of Governance
ACO Governance
Trinity Regional medical Center / Trimark Physicians Group

2013- July 2016
Member, Board of Managers
ACO Governance
Unity Point Health Care

Academic Appointment:

1998
Graduate Assistant in Virology
University of Nebraska at Omaha
Department of Biology
Omaha, Nebraska

1999
Graduate Assistant in Molecular Biology
University of Nebraska at Omaha
Department of Biology
Omaha, Nebraska

2010 - July 2016
Clinical Instructor
Department of Medicine
University of Iowa, Des Moines Residency
Des Moines, Iowa

2010 - Present
Clinical Instructor
Department of Medicine
University of Iowa Carver School of Medicine
Iowa City, Iowa

2012 - Present
Clinical Adjunct Professor
Department of Medicine
University of Iowa Carver School of Medicine
Iowa City, Iowa

Professional Development:

2009
"Clinical Teaching Program"
Faculty Development Seminar
Stanford Faculty Development Center
Stanford University School of Medicine

Committee & Workgroup Activity:

2000
Class President
University of Nebraska College of Medicine

2002
Student Delegate
Nebraska Medical Association

2003	Regional Chairperson American Medical Association, Student Section
2006-2009	Member, Recruitment Committee Iowa Health Des Moines Internal Medicine Residency Program
2009-2010	Member, System Flow Analysis Committee VA Palo Alto health Care System
2010-2012	Member, Readmissions Steering Committee Iowa Health Des Moines
2010-2012	Member, Cancer Committee John Stoddard Cancer Center Des Moines, Iowa
2010 - Present	Board Member Hospice and Palliative Care Association of Iowa
2012- Present	Member, Palliative Care Advisory Committee Hospice and Palliative Care Association of Iowa
2012- 2013	Member, Emergency Department Redesign Committee Trinity Regional Medical Center Fort Dodge, Iowa
2013 – 2014	Chairman, Medical Development Empower Tanzania Inc. Sustainable Healthcare Solutions in Rural Tanzania Tanzania, East Africa / Des Moines, Iowa
2014	Chair, Advisory Committee Hospice and Palliative Care Association of Iowa
2016	Alternate Delegate to American Medical Association Iowa Hospital Association
2016	Advisory Council Member Iowa Medical Society / Iowa Hospital Association
2016	Content Expert Governance and Culture; Care Coordination Accountable Care Learning Collaborative In association with Western Governors University
Professional Affiliations:	
2000 – Present	American Medical Association
2006 – Present	Iowa Medical Association
2010 – Present	American Association of Hospice and Palliative Medicine
Teaching Activity:	
2010-2013	Site/Rotation Director & Core Curriculum Coordinator Palliative Care Iowa Health Des Moines Iowa Health Des Moines Internal Medicine Residency Program Des Moines, Iowa

2011 – Present Site/Rotation Director & Core Curriculum Coordinator Palliative Care
Des Moines University
Des Moines, Iowa

2012 – Present Site/Rotation Director & Core Curriculum Coordinator Palliative Care
University of Iowa Carver School of Medicine
Iowa City, Iowa

2012 - Present Site/Rotation Director & Core Curriculum Coordinator Palliative Care
Iowa Central Community College
Fort Dodge, Iowa

Professional and Extracurricular Activities:

2006-Present Medical Partner, Empower Tanzania, Inc.
Sustainable Healthcare Solutions in Rural Tanzania
Tanzania, East Africa / Des Moines, Iowa

2011 Expert Source
End of Life Healthcare
Iowa General Assembly

2012 Expert Source & Interviewee
“Perspective on Palliative Care”
Mike Devine Talk Show
KVFD 1400 Radio
Iowa

2012 Expert Source & Interview
The Palliative Care Option
Joe Cantlupe, for HealthLeaders Media
July 2012 issue of *HealthLeaders* magazine.

2012 Expert Source
Palliative Care Development in an Accountable Care Organization in a Rural Community
Brookings Institution
Washington D.C.

2012 *Palliative Care: A Different Voice in Healthcare*
<http://www.ted.com/tedx/events/6513>
TEDx Des Moines
Des Moines, Iowa

2012 *Stomach Tubes to Feed Elderly Often Unnecessary, May Be Harmful*
Contributor
<http://iowawatch.org/2012/01/29/stomach-tubes-to-feed-elderly-often-unnecessary-may-be-harmful/>
The Iowa Center for Public Affairs Journalism

2013 *Doctor Helps Iowa Couple Face Illness On Their Own Terms*
Interview
<http://www.npr.org/sections/health-shots/2013/12/16/250194489/how-palliative-care-helps-one-iowa-family-s-experience>
National Public Radio

2015 *Study: Suffering at the End of Life is Getting Worse, not Better*
Contributor
<http://khn.org/news/study-suffering-at-end-of-life-getting-worse-not-better/>
Kaiser Health News

- 2015 *Palliative Care*
Interview
<http://journeypodcast.com/palliative-physician-dr-tim-shares-from-the-heart>
The Journey Podcast
- 2015 *End-of-life care: The growing role of PCPs*
Contributor
<http://medicaleconomics.modernmedicine.com/medical-economics/news/end-life-care-growing-role-pcps>
Medical Economics
- 2015 *Palliative Care: Its Role in Improving Health Care*
Author
<http://www.todaysgeriatricmedicine.com/archive/1115p20.shtml>
Today's Geriatric Medicine Vol. 8 No. 6 P. 20
- Select Invited Presentations:**
- 2009 *Palliative Care, Economics and Healthcare*
Internal Medicine Grand Rounds, Iowa Methodist Medical Center
University of Iowa at Des Moines
Des Moines, Iowa
- 2010 *Patient Flow*
Palliative Care Grand Rounds, Stanford Medical Center
Stanford Medical Center, Palliative Care and Hospice
Palo Alto, California
- Tube Feed or Not Tube Feed: A Palliative Care Physician's Perspective on Artificial Nutrition*
Family Medicine Grand Rounds
Iowa Lutheran Hospital Family Practice Residency
Des Moines, Iowa
- 2011 *Symptom Management Strategies: A Series Focused on Pain, Dyspnea and Nausea and Rational Polypharmacy Decision Making*
Internal Medicine Grand Rounds, Iowa Methodist Medical Center
University of Iowa at Des Moines
Des Moines, Iowa
- Perspective on Palliative Care and Symptom Management in Palliative Care and Hospice*
Continuing Medical Education
Great River Health Systems
Burlington, Iowa
- Advanced Pain Therapies; Rational Polypharmacy Decision Making*
Hospice and Palliative Care Association of Iowa Annual Conference
Des Moines, Iowa
- Communities Learning From Communities: Lessons Learned in Rural Tanzania*
Heartland Global Health Consortium Presents: Challenges of Global Aging
Des Moines University
Des Moines, Iowa
- Breast Cancer and Palliative Care*
Breast Cancer Couples Retreat
Mary Greeley Medical Center
Ames, Iowa

2012

Palliative Sedation

Palliative Care Grand Rounds, Carver School of Medicine
University of Iowa
Iowa City, Iowa

*Integration of Palliative Care in an Accountable Care Organization Model;
Matisse meets Osler: The Art and Science of Prognostication;
Palliative Care in Motor Neuron Disease*
Fall Conference and Annual Meeting
Hospice and Palliative Care Association of Iowa
Des Moines, IA

Perspectives on Palliative Care

Iowa Cancer Consortium Annual Conference
Des Moines, Iowa

Palliative Care and Cancer

Couples Retreat
Mary Greeley Medical Center
Ames, Iowa

Health Care Reform

Center for Advancement of Palliative Care Annual Seminar
Miami, Florida

2013

Palliative Care in a CMMS ACO Pioneer

Webinar Host and Expert Source
Centers for Medicare and Medicaid Services

Palliative Care and Hospice as a Strategy in an ACO Model

Management and Leadership Conference
National Hospice and Palliative Care Organization
National Harbor, Maryland

Palliative Care in Cancer Treatment

William R. Bliss Cancer Center Conference
Ames, Iowa

*Micro- and Macroeconomics of Healthcare Effects on Patient Care
and the Free-market, Capitalistic Economy of the United States.*

Leading Age Iowa Annual Spring Conference
Des Moines, Iowa

Palliative Care in an ACO

Fourth Annual Accountable Care Organization Summit
The Dartmouth Institute for Health Policy and Clinical Practice
Engelberg Center for Health Care Reform at Brookings
Washington D.C.

Palliative Care: A Different Voice in Healthcare

HealthPitch
Showcase of Regional Innovators Creating a Healthier World
Fargo, North Dakota

Palliative Care: A Different Voice in Healthcare for Patient's to Find Their Own

TEDx Des Moines
Des Moines, Iowa

<http://youtu.be/BI-CnsKyOuk>

Positioning Care Facilities to Lead the Way with Health Delivery Reform
Leaders Make the Future: 2013 Fall Conference and Members Annual Meeting
Leading Age Iowa
Des Moines, Iowa

2014

Positioning Care Facilities to Lead the Way with Health Delivery Reform
Iowa Directors of Nursing Council Annual Symposium
Iowa

Integrated Palliative Care and Technology in an ACO
HIT² Summit
Institute for Health Technology Transformation
New York, New York

A Conscious Lost: Reflections on Contemporary Healthcare
Fall Conference and Annual Meeting
Hospice and Palliative Care Association of Iowa
Des Moines, Iowa

Palliative Care Approach to Dementia
Dementia Education: A Train the Trainer Approach
Leading Age Iowa and Alzheimer's Association
Des Moines, Iowa

*Understanding the Financial Basics of "Population Based Care" and
Palliative Care Programs for Special Populations and Medical Homes*
Pathways to Quality Palliative Care
Center for Advancement of Palliative Care Annual Seminar
Orlando, Florida

2015

Transformation Through Privatization: Opportunity in the Post-Acute Care Setting
Keynote Speaker
SONO Inaugural Hospice Symposium
Scottsdale, Arizona

Understanding the Financial Basics of "Population Based Care"
Healthcare Population Planning, Analytics and Management Mini-Conference
Microposium
Health Management and Informatics
University of Missouri
Columbia, Missouri

*Palliative Care: A Different Voice in Healthcare So Patients Can Find Their Own and
Palliative Care: Program Development*
Keynote Speaker
Interprofessional Palliative Care Conference
The Collaborative Education Institute Spring Conference
University of Iowa, Drake University & Iowa Pharmacy Association Foundation
Des Moines, Iowa

*Palliative Care: Effects on Population Health Management and the United States Free-
Market Economy*
Annual Conference of the American Society on Aging
American Society on Aging
Chicago, Illinois

Truth Beats Cancer
Annual Spring Conference
Iowa Cancer Consortium
Des Moines, Iowa

Transforming the Culture of Medicine
Annual Assembly, Keynote Address
Michigan Hospice and Palliative Care Association
Kalamazoo, Michigan

Perspectives on Palliative Care
Annual Assembly, Keynote Address
Iowa Health Educators Association
Des Moines, Iowa

Perspective on Palliative Care
IAHC Annual Conference
Iowa Alliance in Home Care
Des Moines, Iowa

Perspectives on Palliative Care: Beyond the Recipe - Defining, Developing and Integrating True Palliative Care Across the Healthcare Continuum
Disruptive Change: Transforming to Value-Based Care
North Carolina Hospital Association Summer Meeting
Hilton Head, South Carolina

Community Based Palliative Care: Development and Innovation Across the Care Continuum
The Center for Advancement of Palliative Care
Webinar
International Broadcast

A Palliative Care Approach to Dementia
6th Annual Physician Education Event
Medical Management for the Dementia Patient in Palliative and Hospice Care
HospiScript Services and the University of Iowa Carver College of Medicine
Cedar Falls, Iowa

Panel Discussions: Population Health and Technology
iHT2 Health IT Summit
Chicago, Illinois

Chiaroscuro: Deconstructing Rembrandt in Population Health
MHEI Annual Leadership Conference
Maryland Healthcare Education Institute
Hershey, Pennsylvania

When Size Matters: Exploring Palliative Care in Small Communities
CAPC National Seminar
Center for Advancement of Palliative Care
San Antonio, Texas

2016

Transformation Through Privatization: Opportunity in the Post-acute Care Setting
Keynote Address
SONO Second Annual Hospice Symposium
Scottsdale, Arizona

Personalized Genomic Medicine
Continuing Medical Education Series
Executive Education University of Florida
Florida Medical Association

Clinical Integration
Continuing Medical Education Series
Executive Education University of Florida
Florida Medical Association

Keynote Address
Gold Humanism Honor Society Induction
Des Moines University
Des Moines, Iowa

What We Can Do to Die Well
TED Talks
TED.com

Opportunity and Challenges: Exploring Palliative Care in Small Communities
CAPC National Assembly
Center for Advancement of Palliative Care
Orlando, Florida

Dying Well - The Role of Palliative Care
Top of Mind with Julie Rose
BYU / Sirius XM Radio
byuradio.org

2017

Difficult Conversations; Advocacy
Keynote Speaker
SONO Symposium
Scottsdale, Arizona

Keynote address: *Evolving Back to Better Health Care; and
Long Term Viability in Population Health*
Advanced Illness Management Summit
The Carolinas Center
Chapel Hill, North Carolina