

Timothy Ihrig, M.D., M.A.

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PROFILE

I seek a position that incorporates clinical practice paralleling strategic development, implementation and growth of palliative care models upstream of current delivery paradigms, administrative responsibility of coordinating care across the healthcare continuum congruent with system vision, financial contracts and needs of the community. Concurrently I am looking for non-clinical challenges and mentorship to heighten my knowledge and abilities as an administrator to influence system growth and sustainability while enhancing care delivery for all attributable individuals.

EXPERIENCE

Medical Director, Palliative Care, Trinity Regional medical Center, Fort Dodge, Iowa 2012 - 2016

My responsibilities included the conceptualization, design, development, integration, implementation and expansion of a palliative program within a Pioneer Accountable Care Organization through the Centers for Medicaid and Medicare Innovation. In addition, I served as a member of the Board of Managers for Unity Point Health's Accountable Care Development, the Board of Managers for Regional System Development and was a member of the Emergency Department Redesign Committee at Trinity Regional Medical Center.

Medical Director, Palliative Care, Methodist, Methodist West & Lutheran Hospitals, Iowa Health, Des Moines, Iowa 2010-2012

I was responsible for directing Palliative Care services across three hospital campuses. In addition, I was a member of the Iowa Methodist Readmissions Steering Committee whose goal was examining opportunities for decreasing 30-day hospital admissions, as well as, a member of the John Stoddard Cancer Center Cancer Committee.

Medical Director, Taylor House Hospice, Iowa Health Homecare, Des Moines, Iowa 2010-2012

Responsibilities included direct and indirect patient care, 24-hour on-call duty and hospice certification for a 12-bed, inpatient hospice facility.

Medical Director, Older Adult Services, Iowa Health Des Moines, Des Moines, Iowa 2010-2012

Nodo typi qui nunc. Claram anteposuerit litterarum formas humanitatis per seacula quarta decima et quinta. Sequitur mutationem consuetudium lectorum Mirum est notare quam littera gothica quam nunc putamus; decima et quinta decima.

EDUCATION

Stanford University, Palo Alto, California - Fellowship, Palliative & Hospice Medicine, 2010

University of Iowa at Des Moines, Des Moines, Iowa - Residency, Internal Medicine, 2009

University of Nebraska Medical Center, Omaha, Nebraska, Medical Degree, 2006

University of Nebraska at Omaha, Omaha, Nebraska, Masters of Arts, Molecular Biology, 2000

Creighton University, Omaha, Nebraska, Bachelor of Arts, 1991

SKILLS

My fluency combines clinical and administrative experience to system design around care coordination and delivery for the most vulnerable population. I possess an understanding of risk as applied to healthcare contractual entities, micro- and macro- healthcare economics, population health, regulatory compliance from a system perspective and the interaction of all three. My greatest attribute is combining a visionary approach to care delivery through a unique philosophical perspective modeled into methodology which can be strategically implemented into any healthcare system to meet the needs of patients, systems and payers.

I have and continue to advocate for palliative care and hospice locally and nationally through various appointments and engagements and represent Iowa as an Alternate Delegate to the American Medical Association and as a member of the Advisory Council of the Iowa Healthcare Collaborative. I also serve as a content expert for the Accountable Care Learning Collaborative (ACLC) Governance and Culture and Care Coordination councils. The ACLC, co-chaired by former HHS Secretary and Utah Governor Mike Leavitt and former CMS Administrator and FDA Commissioner Dr. Mark McClellan unites unparalleled experience, policy expertise, and vision creating an unmatched repository of knowledge, resources, and industry-leading insight for healthcare innovation. As part of my efforts to promote palliative care I presented at TEDx Des Moines: "Palliative Care: A New Voice in Health Care for People to Find Their Own"™ which can be found at <http://youtu.be/BI-CnsKyOuk>. National Public Radio's All Things Considered also featured this work in a story on the development and transformative nature of palliative care.

In addition, I am endorsed by the Center for Advancement of Palliative Care as a national level clinician-educator. I hold appointments as Clinical Adjunct Professor in the Department of Medicine at the University of Iowa Carver School of Medicine and acts as Palliative Care clinical instructor. I have been on the board of the Hospice and Palliative Care Association of Iowa since 2010, am the former chair of the Advocacy Committee and hold a position on the Palliative Care Advisory Committee. Previously I was an expert source for Palliative Care Development in an Accountable Care Organization for the Brookings Institution in Washington D.C., and was the sole practicing physician assisting the Iowa General Assembly in raising minimum standard requirements for Iowa physicians with respect to end-of-life care and oversight of use of prescriptive narcotics. He also acted as an expert clinician in support of Iowa Physician Orders for Life Sustaining Treatment bill.

My efforts to enhance palliative care and hospice were seminal in Unity Point Health being granted the 2013 Circle of Life Award by the American Hospital Association. One of nine institutions that year across the country to receive this prestigious award, it recognizes innovative programs in palliative and end-of-life care. The Trinity Regional program is among national leaders in integrating palliative care across the healthcare continuum and the development and implementation of innovative mechanisms for managing this most vulnerable population. Services provided directly by me led to a five million dollar gift from a patient's family to further palliative services within Webster County.